



GOEDE HOOP

MEAT - VLEIS

SINCE 2005



DATE

23-03-2015

<i>PRODUCT</i>	<i>PRICE</i>
LAMB	
LAMB LEG	
LAMB LEG D/B	
LAMB LEG D/B WITH BONES	
LAMB RUMP	
LAMB STEAK MARINATED	
LAMB GOULASH	
LAMB GOULASH WITH BONES	
LAMB LEG CHOPS	
LAMB LOIN CHOPS	
LAMB LOIN CHOPS PORTIONED	
LAMB SHOULDER CHOPS	
LAMB BRAAI CHOPS	
LAMB CHOPS MIXED	
LAMB RACK WITH TRIM (6-8 BONES)	
LAMB LOIN D/B WITH TRIM	
LAMB LOIN ROLL	
LAMB SHANKS WHOLE	
LAMB NECK	
LAMB NECK D/B WITH BONES	
LAMB RIB / FLANK	
LAMB RIB D/B	
LAMB STEW	
LAMB SHOULDER	
LAMB SHOULDER D/B	
LAMB SHOULDER D/D WITH BONES	
FREE RANGE LAMB LOINS*	R 185.00
FREE RANGE LAMB FILLET*	R 195.00
FREE RANGE LAMB RIB EYE*	R 130.00
FREE RANGE LAMB LEG D/B*	R 105.00
FREE RANGE LAMB SHOULDER D/B*	R 105.00
<i>Sourced from Namibia. Check availability when order</i>	

* ALL PRICES EXCLUDE VAT & ARE SUBJECT TO CHANGE WITHOUT NOTICE IN SEASON

GOEDE HOOP VLEIS - MEAT

53 MAIN ROAD

PAARL

7646

TEL : 021 863 2965

FAX : 021 863 4027

ACCOUNTS : 021 863 1920

GOEDEHOOP1965@GMAIL.COM



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<i>PRODUCT</i>	<i>PRICE</i>
BEEF	
BEEF SHIN	
BEEF TOPSIDE WHOLE	
BEEF SILVERSIDE WHOLE	
BEEF THICK FLANK / KNUKLE WHOLE	
BEEF GOULASH	
BEEF STIRRFRY	
BEEF TENDERISED STEAK	
BEEF SCHNITZEL	
BEEF ROAST (TOPSIDE / SILVERSIDE) TRIMMED	
BEEF FLAT RIB	
BEEF BRISKET	
BEEF BRISKET BONELESS	
BEEF CHUCK	
BEEF BLADE	
BEEF STEW MIXED	
BEEF STEW LEAN (CHUCK / BLADE)	
BEEF TRIM 90/10	
BEEF MARROW BONES	
BEEF MEATY BONES	
BEEF T-BONES	
CHALMAR BEEF SIRLOIN WHOLE	
CHALMAR BEEF SIRLOIN PORTIONED	
CHALMAR BEEF RUMP WHOLE	
CHALMAR BEEF RUMP PORTIONED	
BEEF FILLET WHOLE	
BEEF FILLET PORTIONED	
BEEF FILLET HEADS	
BEEF RIB EYE WHOLE	
BEEF RIB EYE PORTIONED	
BEEF RIB EYE ON BONE WHOLE	
BEEF RIB EYE ON BONE PORTIONED	

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<i>PRODUCT</i>	<i>PRICE</i>
PORK	
PORK LEG WHOLE	
PORK LEG R/O D/B	
PORK LEG DDD	
PORK SCHNITZEL	
PORK GOULASH	
PORK STIRRFRY	
BELLY CUTS	
PORK BELLY WHOLE	
PORK BELLY R/L	
PORK BELLY R/O D/B	
PORK BELLY DDD	
PORK RASHERS	
GASTRO BELLY RIND ON	
GASTRO BELLY RIND LOOSE	
GASTRO BELLY RIND LOOSE & SMOKED	
LOIN CUTS	
PORK LOIN WHOLE	
PORK LOIN R/L	
PORK LOIN R/O D/B	
PORK LOIN DDD	
PORK LOIN CHOPS PORTIONED	
PORK FILLET	
FQ CUTS	
PORK NECK D/B	
PORK NECK STEAKS	
PORK SHOULDER WHOLE	
PORK SHOULDER R/L	
PORK SHOULDER R/O D/B	
PORK SHOULDER DDD	
PORK LOIN RIBS	
PORK SPARE RIBS	

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<i>PRODUCT</i>	<i>PRICE</i>
PORK	
FQ CUTS	
PORK KNUKKLE	
PORK BELLY TRIM	
PORK LEAN TRIM	
PORK BONES	
PORK SPEK	
PORK NETVET	
PORK RINDS	
CHICKEN	
CHICKEN WHOLE	
CHICKEN DRUMSTICKS	
CHICKEN THIGHS	
CHICKEN THIGHS D/B	
CHICKEN FILLET	
CHICKEN STIRR FRY	
CHICKEN BREAST BONE IN	
CHICKEN SUPREME (BREAST & WING)	
CHICKEN WINGS	
CHICKEN LEG QAUTERS (GUNS) FRESH	
CHICKEN BONES	
CHICKEN KEBABS (FILLET - LEMON & HERB)	
<i>*Because our chicken is delivered fresh each day, orders for chicken must be placed before 10 am each day for delivery the next day.</i>	
DUCK	
DUCK WHOLE	
DUCK BREAST FILLET BULK	
DUCK BREAST FILLET SMOKED	
TURKEY	
TURKEY WHOLE	
TURKEY ROLLS	
TURKEY BREAST	

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<i>PRODUCT</i>	<i>PRICE</i>
VENISON	
SPRINGBOK	
SPRINGBOK WHOLE	
SPRINGBOK LEGS	
SPRINGBOK SHOULD.	
SPRINGBOK SADDLE	
SPRINGBOK LOINS	
SPRINGBOK SHANKS	
SPRINGBOK GOULASH	
SPRINGBOK TRIM	
SPRINGBOK LEG 5 PC	
BIG GAME (KUDU / ELAND / GEMSBOK)	
BIG GAME SADDLE	
BIG GAME LOINS	
BIG GAME FILLETS	
BIG GAME D/B LEGS	
BIG GAME TRIM	
SMALL GAME (IMPALA / BLESBOK / TAKBOK)	
SMALL GAME D/B LEG	
SMALL GAME TRIM	
SMALL GAME FILLETS	
SMALL GAME LOINS	
SMALL GAME SADDLE	
EXOTIC GAME	
CROC TAILS	
CROC INNER FILLETS	
CROC GOULASH	

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<i>PRODUCT</i>	<i>PRICE</i>
BACON*	
BACK BACON STREAKY BACON PRIME CUT BACON BACON PIECES	
<i>*Bacon is Home made & sourced from Gastro Foods</i>	
SMOKED	
SMOKED PORK LOIN (<i>KASLER</i>) SMOKED PORK LOIN DDD SMOKED PORK BELLY BI/RO SMOKED PORK BELLY DDD SMOKED GAMMON DDD SMOKED GAMMON BL/RO SMOKED PORK NECK DDD SMOKED CHICKEN FILLET SMOKED PORK FILLET SMOKED PORK SPARE RIBS SMOKED PORK KNUKKLE / EISBINE	
PICKLED & CURED	
CORNED BEEF CORNED TONGUE PICKLED EISBINE PICKLED BRISKET BONELESS PICKLED BRISKET BONELESS & ROLLED	

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<i>PRODUCT</i>	<i>PRICE</i>
SAUSAGES	
BEEF	
BOEREWORS THICK (BULK) BOEREWORS THICK (BREAKFAST PORTIONS) BOEREWORS MEDIUM (BULK) BOEREWORS MEDIUM (BREAKFAST PORTIONS) SPECIAL GOEDE HOOP WORS (BULK / PORTIONS) <u>BEEF SAUSAGE</u> BREAKFAST PLAIN <u>BEEF SAUSAGE</u> BREAKFAST NO MSG & WHEAT	
PORK	
PORK SAUSAGES MEDIUM PORK SAUSAGES THICK	
LAMB	
LAMB SAUSAGE WITH (MINT & THYME)	
MINCED	
BEEF MINCE LEAN BEEF MINCE STEAK BEEF MINCE 80/20 PORK MINCE LEAN PORK MINCE 80/20 LAMB MINCE LEAN LAMB MINCE 80/20 CHICKEN MINCE (FILLET) LEAN PORK & BEEF MINCE LAMB & BEEF MINCE SIRLOIN MINCED	

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<i>PRODUCT</i>	<i>PRICE</i>
BURGERS	
BEEF BURGER (100MM)	
BEEF BURGER (130MM)	
BEEF BOERIE BURGER (100MM)	
BEEF BOERIE BURGER (130MM)	
FROZEN PRODUCTS	
OX TRIPE	
OX TROTTERS	
OX TONGUES	
OX TAIL	
LAMB HEARTS	
LAMB LIVER	
SHEEP TROTTERS	
SHEEP TONGUES	
SHEEP TRIBE	
SHEEP HEADS	
SHEEP AFVAL POT READY	
SHEEP AFVAL PER SET	
OSTRICH NECK	
OSTRICH FAN FILLET	
OSTRICH MINCE	
OSTRICH TRIM	
CHICKEN GUNS	
CHICKEN LIVER TUBS	
CHICKEN LIVER	

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<i>PRODUCT</i>	<i>PRICE</i>
DELI PRODUCTS	
PASTRAMI BEEF WHOLE	
PASTRAMI BEEF SLICED	
PASTRAMI CHICKEN WHOLE	
PASTRAMI CHICKEN SLICED	
PEPPER HAM WHOLE	
PEPPER HAM SLICED	
GYPSY HAM WHOLE	
GYPSY HAM SLICED	
CHICKEN HAM SMOKED WHOLE	
CHICKEN HAM SMOKED SLICED	
SALAMI RICOMONDO LARGE WHOLE	
SALAMI RICOMONDO LARGE SLICED - 100g	
SALAMI COOKED WHOLE	
SALAMI COOKED SLICED	
PARMA HAM WHOLE	
PARMA HAM SLICED - 100g	
COPPA WHOLE	
COPPA SLICED - 100g	
PANCETTA FLAT WHOLE	
PANCETTA FLAT SLICED - 100g	
SALAMI NOSTRANO	
SALAMI NOSTRANO SMALL	
SALAMI PEPERONI	
SALAMI FELINO	
SANDWICH HAM WHOLE	
SANDWICH HAM SLICED	
OSTRICH CARPACCIO - 100g	
KUDU CARPACCIO - 100g	
SPRINGBOK CARPACCIO - 100g	
<i>* NOTE THAT SELECTED PRODUCTS ABOVE CAN BE SLICED & INTERLEAVED WHEN PACKED</i>	

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DELI PRODUCTS	
CHEESE GRILLER CHEESE GRILLER COCKTAIL SMOKED RUSSIANS SMOKED VIENNAS SMOKED BACON & CHEESE WORS FRANKFURTERS CHORIZO SAUSAGES CHORIZO ROUND	
CHEESE	
CHEDDAR BULK CHEDDAR WHITE BULK MOZZARELLA BULK SWEETMILK / GOUDA ROUND	
FOR THE BRAAI	
MARINATED RIB EYE "BLACK PEPPER" BEEF & PORK SOSATIES "SWEET CURRY" LAMB SOSATIES "BBQ" RUMP SOSATIES "RED WINE & GARLIC" CHICKEN SOSATIES (FILLET) "LEMON & HERB" CHICKEN SOSATIES (THIGH) "TANDORI" PORK STEAKS (LOIN) "GRILL BUTTER" PORK TWISTERS (BELLY) "GRILL BUTTER" LAMB STEAKS "HERB BUTTER"	

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